

REGISTER ONLINE: WWW.RACEROSTER.COM

OR FILL OUT THE FORM BELOW. PLEASE PRINT CLEARLY. PLEASE COMPLETE ENTIRE FORM.

First Name: _____ Last Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Cell Phone: _____

Birthday (MM/DD/YYYY) _____ Age on Raceday: _____

Female
 Male

E-Mail: _____ Club Name: _____

Shirt Size (circle one): WS WM WL UNI: S M L XL XXL 3XL KIDS KS KM KL

GENERAL WAIVER AND RELEASE OF LIABILITY AGREEMENT

I hereby certify the following: (1) I am physically fit and have received medical clearance to participate in the Ft. Hamer 5K/10K/Walk/Kids races. (2) In consideration for my application to participate in the Ft. Hamer 5K/10K/Walk/Kids races being accepted, I, on behalf of myself, my heirs and assigns, and my estate, hereby waive and forever discharge the sponsors, organizers, affiliates, as well as their agents and employees from any and all claims that may accrue from my participation. (3) I hereby grant the Parrish YMCA, Parrish Foundation, Manatee County Youth Rowing specific permission to reproduce, circulate, copyright, or otherwise use and all photographs and/or video tape of me and/or my family, taken at the Ft. Hamer 5K/10K/Walk/Kid's races for use by the Parrish YMCA, Parrish Foundation, Manatee County Youth Rowing and Fit2Run.

Signature of runner or walker (Parent of Guardian Signature if under 18)

Date:

This is a fundraiser therefore we cannot offer refunds. We will mail shirts and awards prepaid that are not claimed.

For More Information Call (941)932-6147



FortHamerBridgeRun.com

7:35 am, Saturday, August 24, 2019

Fort Hamer Park Rowing Center Facility

Parrish, Florida

METHOD OF PAYMENT

Make check payable to:

FHBR c/o Parrish YMCA

If you have not registered online, drop off at any YMCA location or Fit2Run (UTC Mall) or mail to Parrish YMCA, Attn: Jamie Rusnak, 12214 US Highway 301 N, Parrish, FL 34219.

FEES

5K/10K runner \$5 discount includes club Fit2Run, YMCA members, MTC, BRC, LWRRC, SPRR. Must be mailed or submitted at Fit2Run or any Manatee YMCA.

- 5K (Before 8/1) \$35. After \$40.
- 10K (Before 8/1) \$40. After \$45.
- 5K Walk (Before 8/1) \$35. After \$40.
- Kids' River Dash \$11 (Children 12 and under registered for the 5K/10K can run the Kids' River Dashes for free.)

Check

Amount enclosed: \$ _____

Please charge my credit card

Amex Visa MasterCard

Exp. Date (MM/YYYY) _____

Card Number: _____

Name on Card: _____

Signature: _____